

Mentally Healthy Work Development Programme

Module 1 conversation starters

CHIEF EXECUTIVES/TIER 2 LEADERS
WITH HEALTH & SAFETY, WELLBEING AND HR LEADS

After viewing Module 1 video: Introduction to Psychological Health and Safety, Setting a Strategic Direction. All programme participants meet to explore and apply learnings tailored to your organisational context.

Consider if having a skilled facilitator present will assist in stimulating contextual, courageous and curious conversations and outcomes.

Recommended conversation starters:

Using the 'Integrated Approach', what does workplace mental health look like in your workplace?

What motivates people in your organisation to do the work they do?

What is needed for a successful strategic direction (enablers)?
What might get in the way (constraints)?

Do we have a strategy for psych H&S?
Is it sufficient? What is changing externally that could influence it?

What resources are provided to support the strategic direction?
What has helped develop strategic direction for other business areas?

Where does psych H&S sit in your risk radar and plan?

