

WORKING THROUGH MENOPAUSE

How to Support your Workforce and Yourself

Thursday 27th March 2025

3.00pm – 5.30pm

Ministry for Primary Industries (MPI)
MPI Pastoral House, 25 The Terrace, Wellington

Register [here](#)

Schedule

3.00pm	Arrival
3.15 – 3.45pm	Networking Afternoon Tea
3.45 – 4.45pm	Guest Speaker – Dr Linda Dear
4.45 – 5.15pm	Q&A

Guest Speaker

Dr Linda Dear MBBS, FRNZCGP, BA (Hons) Psychology, DRCOG, NCMP



A UK-trained, now kiwi-based doctor, Dr Linda Dear is a specialist GP and Menopause Doctor.

She is a fellow of the Royal New Zealand College of General Practitioners, has a post-graduate diploma from the UK Royal College of Obstetrics and Gynaecology and is a certified menopause practitioner with the North American Menopause Society.

She currently runs a private menopause clinic called Menodoctor and sees women from all over NZ for specialised and holistic menopause consultations.

Linda also runs a menopause training and education service for Kiwi workplaces called Menodoctor at Work.

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